



Anuvrat Pledge Chain

I am a responsible citizen of this planet.

With strong will-power, I take the following small pledges (Anuvratas).

Anuvrat : Code of Conduct

I will not willfully kill any innocent creature.

■ I will not commit suicide. ■

■ I will not kill foetus. ■

I will not attack.

■ I will not support aggression. ■

■ I will strive for world peace and disarmament. ■

I will not take part in violent agitations or any destructive activities.

I will believe in human unity.

■ I will not consider anyone high or low on the basis of caste, color etc. ■

■ I will not treat anyone as an untouchable. ■

I will practise religious toleration.

■ I will not rouse sectarian frenzy. ■

I will observe rectitude in business and general behaviour.

■ I will not harm others in order to serve any ends. ■

■ I will not practise deceit. ■

I will set limits to the practice of continence and acquisition.

I will not resort to unethical practices in elections.

I will not encourage socially evil customs.

I will lead a life free from addictions.

■ I will not use intoxicants like alcohol, hemp, heroin, tobacco etc. ■

I will always be alert to keep the environment pollution-free.

■ I will not cut down green trees. ■

■ I will not waste water and electricity etc. ■



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